

Planning Your Discharge



New Milford Hospital

Member NewYork-Presbyterian Healthcare System | A Planetree Hospital

Social Work Services
(860) 210-7442

Planning for Your Discharge

Planning for after care:

The Social Work Department at New Milford Hospital extends its assistance in arranging for your post-hospital recovery needs. You may have questions about what to expect, how much help you will need, and so forth. We are here to help you anticipate and plan accordingly. Our experience shows that patients who make these arrangements prior to surgery are better prepared and can concentrate on their physical healing in the hospital.

This is what we recommend:

1. Once you have set a date for surgery, call the Social Work Department at (860) 210-7442 and ask to speak to the Social Worker. Someone will be available between 9:30 a.m. and 4:00 p.m., Monday through Friday.
2. The Social Work Department will explain your discharge options for home care services and short-term rehabilitation in a skilled nursing facility.

If you plan to consider a short-term rehabilitation facility:

Most people who live alone, and many who do not, choose this option. Added time for physical therapy and recuperation will send you home feeling stronger and better able to handle your regular routine.

Most insurance, including Medicare, covers short-term rehabilitation based on medical necessity, although coverage varies from plan to plan and may be limited to specific facilities. Depending upon your insurance, you may have full or partial coverage for care in a short-term rehab facility.

Prior to surgery, you may contact facilities to have a tour and be given an application. The application must be completed to put your name on a waiting list. Attached is a list of local facilities. Even if you are undecided about short-term rehab, we recommend that you complete an application for a preferred facility to ensure this as a discharge option.

PLEASE BE ADVISED:

If you plan to go directly home:

Your physician, medical necessity, and your insurance company determine the length of stay for surgery. Hospital stays are short and often predetermined. Our chief concern will be for your safety. Can you get out of bed? Can you safely walk to the bathroom? Is someone there to help you do so? Do you have to contend with stairs to get to your bedroom? Can someone fix your meals?

Insurance may pay for some health care services and medical equipment (i.e. walker, commode) depending on your needs. Services vary depending upon your insurance and the availability of home care services in your area. It is very important to plan realistically, with plenty of additional help from your family or private aides, if you intend to go directly home.

The Social Work Department is available to review all of this information with you and to answer any questions you may have. Please call us at (860) 210-7442.



21 Elm Street
New Milford CT, CT 06776-2915
Telephone: (860) 355-2611
www.newmilfordhospital.org

Please be advised:

Insurance, including Medicare, often does not pay for transportation to a skilled nursing facility or rehabilitation center when you transfer from the hospital. Please be aware that you may be asked to make arrangements for your friends or family to drive you, or pay for transportation by credit card, check, or cash prior to transport. The Social Work Department staff is available to assist you with arrangements for medical transport by certified carriers.

Your physician will evaluate your condition when you are ready for discharge and determine if ambulance transportation is medically necessary. A description of benefits by your insurance carrier is not a guarantee of payment.

Social Work Department
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NEW MILFORD HOSPITAL
SOCIAL WORK DEPARTMENT - 860-210-7442
SKILLED NURSING FACILITIES for SHORT-TERM REHABILITATION

This list is furnished pursuant to Law and does not constitute an endorsement of any facility.
For further information, please contact the Social Work Department

NAME	ADDRESS	CITY, ST	ZIP	Phone #
Bethel Bethel Health Care	13 Parklawn Dr.	Bethel, CT	06801	fax-203-731-3198 203-830-4180
Canaan Geer Nursing & Rehab Center	PO Box 819 99 So. Canaan Rd.	Canaan, CT	06018	fax-860-844-0391 860-824-5137
Fairfield Carolton Chronic Conv. Hospital, Inc.	400 Mill Plain Rd.	Fairfield, CT	06824	fax-203-255-3675 203-255-3573
Greater Danbury Area Danbury Health Care Center	107 Osborne St.	Danbury, CT	06810	fax-203-791-1441 203-792-8102
Filosa / Hancock Hall	31 Staples St.	Danbury, CT	06810	fax-203-790-6915 203-744-3366
Harborside / Glen Hill	1 Glen Hill Rd.	Danbury, CT	06810	fax-203-743-6883 203-744-2840
Pope John Paul	33 Lincoln Ave.	Danbury, CT	06810	fax-203-797-1180 203-797-9300
Kent The Kent	PO Box 212 46 Maple St.	Kent, CT	06757	fax-860-927-1594 860-927-5368
Litchfield Rose Haven - no medicaid	PO Box 157 31/33 North St.	Litchfield, CT	06759	fax-860-567-6024 860-567-9475
Madison Harbor View / Madison House	34 Wildwood Ave.	Madison, CT	06443	fax-203-245-5068 203-245-8008
New Canaan Waveny Care Center	3 Farm Rd.	New Canaan, CT	06840	fax-203-594-5327 203-594-5331
New Haven Area Glendale Center	4 Hazel Ave.	Naugatuck, CT	06770	fax-203-720-2239 203-720-3400
New Milford Candlewood Valley Health/Rehab	30 Park Lane East	New Milford, CT	06776	fax-860-355-3889 860-355-0971
Village Crest Center for Health & Rehab	19 Poplar St.	New Milford, CT	06776	fax-860-915-1267 860-354-9365

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Newtown Ashlar of Newtown, Inc.	PO Box 5505 139 Toddy Hill Rd.	Newtown, CT	06470	fax-203-364-3153 203-364-3211
Ridgefield Laurel Ridge Health Care Center	642 Danbury Rd.	Ridgefield, CT	06877	fax-203-438-0670 203-438-8226
Salisbury Noble Horizons	17 Cobble Rd.	Salisbury, CT	06068	fax-860-435-2662 860-435-9851
Sharon Sharon Health Care Center	27 Hospital Hill	Sharon, CT	06069	fax-860-364-0237 860-364-1002
Southbury The Watermark at East Hill	611 East Hill Rd.	Southbury, CT	06488	fax-203-264-6311 203-262-6868
Lutheran Home	990 Main St. No.	Southbury, CT	06488	fax-203-264-3729 203-264-9135
Pomperaug Woods	80 Heritage Rd.	Southbury, CT	06488	fax-203-267-6085 203-262-6555
River Glen	162 So. Britain Rd.	Southbury, CT	06488	fax-203-267-7634 203-264-9600
Stratford Lord Chamberlain	7003 Main St.	Stratford, CT	06601	fax-203-375-1199 203-375-5894
Torrington Haven Health Care	225 Wyoming Ave.	Torrington, CT	06790	fax-860-496-8592 860-482-8563
Litchfield Woods	255 Roberts St.	Torrington, CT	06790	fax-860-496-2063 860-489-5801
Marathon Health Care Center of Torrington	80 Fern Dr.	Torrington, CT	06790	fax-860-482-3963 860-482-7668
Valerie Manor	1360 Torrington St.	Torrington, CT	06790	fax-860-496-2747 860-489-1008
Wolcott Hall	215 Forest St.	Torrington, CT	06790	fax-860-496-7108 860-482-8554

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NAME	ADDRESS	CITY, ST	ZIP	Phone #
Waterbury Area Abbott Terrace SNF & ICF	44 Abbott Terrace	Waterbury, CT	06702	fax-203-755-9016 203-755-4870
Cedar Lane	128 Cedar Ave.	Waterbury, CT	06705	fax-203-757-2988 203-757-9271
Grove Manor	145 Grove St.	Waterbury, CT	06702	fax-203-753-6177 203-753-7205
Lakeside Manor	50 Hazel Dr.	Cheshire, CT	06410	fax-203-272-4607 203-272-7204
Health Center of Greater Wtby.	177 White Wood Rd.	Waterbury, CT	06708	fax-203-575-1714 203-757-9491
Waterbury Extended Care	35 Bunker Hill Rd.	Watertown, CT	06795	fax-860-945-3736 860-274-5428
Watertown Convalesium	560 Woodbury Rd.	Watertown, CT	06795	fax-860-274-5972 860-274-6748
Wilton Wilton Meadows	439 Danbury Rd.	Wilton, CT	06897	fax-203-665-6454 203-834-0199
NEW YORK STATE (other names available from the Social Work Department)				
NAME	ADDRESS	CITY, ST	ZIP	Phone #
Dutchess Cntr for Rehab & Hlth Care	9 Reservoir Rd.	Pawling, NY	12564	fax-845-855-5723 845-855-5700
Putnam Nursing & Rehab	404 Ludingtonville Rd.	Holmes, NY	12531	fax-845-878-7318 845-878-3241
Putnam Ridge	46 Mt. Ebo Rd. No.	Brewster, NY	10509	fax-845-278-9497 845-278-3636
Wingdale at Dutchess	3 Summit Court	Fishkill, NY	12524	fax 845-896-2511 845-896-1500

NEW MILFORD HOSPITAL SOCIAL WORK DEPARTMENT HOME HEALTH AGENCIES

This list is furnished pursuant to Law and does not constitute an endorsement of any home health provider.
For further information, please contact the Social Work Dept. at (860) 210-7442

Around the Clock Homecare	(203) 262-6066
Bethel Visiting Nurse Association, Inc.	(203) 792-0864
Bridgeport (VNS of Connecticut, Inc.)	(203) 366-3821
Care Centrix	(800) 411-2305
Companions & Homemakers	(860) 567-3399
Connecticut VNA	(203) 775-0675 - intake 1-888-482-8862
Coram & Apria Healthcare — specializing in home infusion	(203) 284-8558
Danbury Nurses Registry	(203) 748-2420
Danbury Visiting Nurse Association	(203) 792-4120
Family Care Visiting Nurse & Home Care Agency	(800) 946-6331
Foothills Visiting Nurse & Home Care	(860) 379-8561
Geron Nursing (non-Medicare)	(860) 354-7698
Heritage Home Care / LIFELINE	(860) 364-5799
Home Instead Senior Care	(203) 426-6666
Interim Healthcare	(800) 585-7634
Litchfield Hills Home Care	(860) 567-4581
Naugatuck Visiting Nurses Association	(203) 720-7095
New England Home Care, Inc.	(800) 286-6300, 1-800-950-1004
New Fairfield In Home Senior Care	(203) 948-9755
New Milford Visiting Nurse Association	(860) 354-2216
Northwest Home Care	(860) 567-4576, 1-800-457-3557
Patient Care	(203) 778-0055
Professional Home Care Services, Inc.	(800) 253-3738
Ridgefield VNA	(203) 438-5555
Salisbury VNA	(860) 435-0816
Stratford VNA	(203) 375-5871
Visiting Angels	(203) 740-0230, (203) 740-1113
Visiting Nurse Association of SC CT	(203) 735-7468
Visiting Nurse Association Health Care Inc.	(800) VNA-1551
Visiting Nursing Association Health Care	(800) 725-9909
Visiting Nurse Association Northwest, Inc.	(800) 752-0215
Visiting Nurse Association of America	(800) 426-2547 - Nationwide
Visiting Nurse Services of Connecticut, Inc.	(800) 551-8671
VNA Health at Home, Inc. of Watertown	(860) 274-7531
Walgreen's Option Care	(860) 829-8850
Waterbury VNA Health Care, Inc.	(203) 574-4004

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NEW YORK STATE

Dutchess County Health Dept.

· Beacon District Office	(845) 838-4800
· Millbrook District Office	(845) 677-4000
· Poughkeepsie District Office	(845) 486-3419
Hudson Valley Home Care	(845) 471-4243
Putnam Hospital Homecare	(845) 278-4068
St. Francis Home Care	(845) 483-5550

Please note that choice may be limited by insurance

MEDICAL EQUIPMENT SUPPLIERS

A to Z Medical Supply	(203) 798-6890
American Home Patient	(800) 750-0316
Apria Healthcare	(860) 613-4900
Byram Healthcare	(800) 354-4054
Doyle's Medical Supply	(860) 489-4415
Home Health Pavilion	(860) 210-1313
Lincare	(203) 775-8450
Medical Home Care	(203) 792-6872
Respra Care	(877) 892-9269

New Milford Hospital

Short-Term Rehabilitation Application

Applicant's Name: _____

Facilities Applying to: _____

US Citizen: Yes No Naturalized: Yes No Primary Language: _____

Living arrangements prior to Hospital Admission: _____

Type of stay requested: Short-Term Rehabilitation Long Term Care Respite Hospice

Complete the following if applicant has ever been in a nursing facility:

Facility Name: _____ Admission Date: _____ Discharge Date: _____

Designated Power of Attorney? Yes No Name: _____

Address: _____

If applicant is unable to handle his/her financial affairs, to whom should outstanding bills be sent for payment?

Name: _____ Relationship: _____

Address: _____ Phone: _____

Patient's Monthly Income

Social Security # _____ Pension \$ _____ Other Income \$ _____

VA Benefits \$ _____ SSI \$ _____

Is applicant a veteran? Yes No Service Branch _____ Service No. _____

Name of Bank

Account Balance

_____ \$ _____

_____ \$ _____

Does applicant own any property? Yes No Type _____

Location _____ Equity \$ _____

Has there been any transfer of property or assets within the last 36 month? Yes No

If so, please describe: _____

Life Insurance Company: _____ Surrender \$ _____

Long Term Care Insurance Company: _____ No. _____

I certify the above to be true to the best of my knowledge. I understand the above information will be treated as confidential, for the purpose of applying for continuing care.

Applicant Signature: _____ **Date:** _____

Family Signature (if applicant unable to sign) _____ Date: _____

Relationship to applicant: _____

Return completed form to Social Work Department: (860) 210-7442 FAX: (860) 355-1317