

OHSO[®] GOOD BY UNIDINE

Week of April 8th – April 14th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



Monday

**Chefs Table: Brunswick Stew, Grilled Haddock,
Zucchini Home Fries & Quinoa**

Soup: Chunky Vegetable, Split Pea w/Ham

11 a.m.-2p.m. Café Bar: Thai Spaghetti Squash Bowl

Grab & Go features:

Salads: Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

Tuesday

(11:30a – 1:00p Lunch ‘n Learn today for Vitive Health)

**Chefs Table: General Tso Chicken, Vegetable Lo Mein,
Steamed Broccoli, Jasmine Rice**

Soup: Hot & Sour, Portuguese Kale

11a.m.-2p.m. Café Bar: Bean & Rice Burrito

Grab & Go features:

Salads: Greek, Garden Salad, Fresh fruit Salad



In keeping with New Milford Hospital's Plow to Plate[®] healthy food initiative, your food is prepared using fresh and seasonal ingredients.

Wednesday

Chefs Table: Peach BBQ Pork Chop, Butternut Mac & Cheese,
Carrots, Roasted Potato Fries

Soup: Chicken Fajita, Artichoke & Spinach

11a.m.-2p.m. Café Bar: Chicken Bacon Ranch

Salad: Traditional Salad Bar

Grab & Go features:

Salads: Chicken Caesar, Garden Salad, Fresh fruit Salad

Thursday:

Chefs Table: Baked Ziti, Curry Chicken Empanada, Parmesan Cauliflower,
Farro Pilaf

Soup: Potato Dill, Chicken Gumbo

Café Bar 11a.m.-2p.m. Fried Rice

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Coconut Shrimp, Grilled Cheese, Mixed Vegetable,
Roasted Sweet Potato

Soup: Tomato & Basil, Maryland Crab

11a.m.-2p.m. Café Bar: Closed

Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Chefs Choice

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar



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