

OHSO[®] GOOD BY UNIDINE

Week of February 11th – February 17th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



Monday

Chefs Table: Buffalo Chicken Wrap, Stuffed Shells, Roasted Potatoes & Carrots

Soup: Chicken Noodle, Cream of Mushroom

Café Bar: Pasta Bowl

Grab & Go features:

Salads:

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

Tuesday

Chefs Table: Pepper Steak, Tofu Stir Fry, White Rice Pilaf, Roasted Broccoli

Soup: Curried Pumpkin, French Onion

11a.m.-2p.m. Café Bar: Chicken Pesto on Ciabatta Roll

Grab & Go features:

Salads:

Greek, Garden Salad, Fresh fruit Salad

Wednesday

**Chefs Table: Tuna Steak w/Garlic Caper Tomato Sauce, Fried Cube Steak w/
Country Gravy, Garlic Cheddar Biscuits, Snow Peas & Mushrooms**

Soup: Barley Vegetable, Loaded Baked Potato

11a.m.-2p.m. Café Bar: Build a Flatbread

Salad: Traditional Salad Bar

Grab & Go features:

.Salads: Chicken Caesar, Garden Salad, Fresh fruit Salad



In keeping with New Milford Hospital's Plow to Plate[®] healthy food initiative, your food is prepared using fresh and seasonal ingredients.

Thursday:

Happy Valentine's Day!
*see flyer in cafe for specials



Chefs Table: Stuffed Chicken w/Cranberries & Blue Cheese, Citrus Glazed Salmon,
Brown Rice, Roasted Green Beans

Soup: White Chicken Chili, Manhattan Clam Chowder

Café Bar 11a.m.-2p.m. Chicken Wrap

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Oso Boco, Blackened Catfish, Cauliflower Grits, Roasted Vegetables

Soup: Scotch Broth, Broccoli & Cheddar

11a.m.-2p.m. Café Bar: Steak Quinoa Power Bowl

Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Chefs Choice

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar



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