

# OH SO GOOD<sup>®</sup>

BY UNIDINE

Week of January 7 – January 13th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



## Monday

**Chefs Table:** Classic Beef Meatloaf, Brown Sugar Garlic Salmon,  
Roasted Potato & Sautéed Kale

**Soup:** Split Pea w/Ham, Cauliflower Truffle

**Café Bar:** Pasta Bar

**Grab & Go features:**

**Salads:**

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

## Tuesday

**Chefs Table:** Chicken Franchise, Vegetable Lasagna, Brown Rice &  
Cranberry Glazed Brussel Sprouts

**Soup:** Pinto Bean & Thai Chicken

**11a.m.-2p.m. Café Bar:** Chicken Bacon Ranch

**Grab & Go features:**

**Salads:**

Greek, Garden Salad, Fresh fruit Salad

## Wednesday

**Chefs Table:** Creamy Paprika Pork Tenderloin, Seafood Cakes, Egg Noodles &  
Roasted Carnival Cauliflower

**Soup:** Minestrone, Steak & Mushroom

**11a.m.-2p.m. Café Bar:** Chef Surprise

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:** Chicken Caesar, Garden Salad, Fresh fruit Salad



*In keeping with New Milford Hospital's Plow to Plate® healthy food initiative, your food is prepared using fresh and seasonal ingredients.*

## Thursday:

**Chefs Table:** Mock Beef Wellington, Stuffed Spaghetti Squash,

Garlic Parmesan Mashed Potatoes & Carrots

**Soup:** Tortellini, New England Clam Chowder

**Café Bar 11a.m.-2pm Quinoa Power Bowl**

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:**

Cobb salad, Garden Salad, Fresh fruit Salad

## Friday

**Chefs Table:** Honey Chicken Stir Fry, Sweet Chili Haddock,

**Ginger White Rice & Broccoli**

**Soup:** Sweet Potato & Rice, Sauerkraut & Pork

**11a.m.-2p.m. Café Bar: Closed**

Grilled Chicken, Garden Salad, Fresh fruit Salad

## Saturday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Chefs Choice

**Grab & Go features:**

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

## Sunday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Traditional Salad Bar



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