

# OH SO GOOD<sup>®</sup>

BY UNIDINE

Week of July 9th – July 15th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



## Monday

**Chefs Table:** Flank Steak Grinder, Grilled Sweet Potato Vegetable Skewers, Coleslaw

**Soup:** Cabbage Roll, Thai Shrimp

**Café Bar:** Closed

**Grab & Go features:**

**Sandwich:** OH SO GOOD Grilled Chick Wrap. Grilled chicken breast, sun dried tomatoes, onions and provolone on a flour tortilla

**Salads:**

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

## Tuesday

**Chefs Table:** Crab Cakes, w/ Remoulade, General Tso Chicken, Brown Rice Pilaf, Zucchini Fries

**Soup:** Corn Kielbasa, Broccoli Cheese

**Café Bar:** Meatball Grinder

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:**

Greek, Garden Salad, Fresh fruit Salad

**Rotisserie Chicken: Apricot Soy**

## Wednesday Courtyard BBQ (11a – 2p)

**Chefs Table:** Hamburgers, Hot Dogs, Chicken, Rosemary Grilled Pork Chop w/ Bacon Jam, Mac Salad, Baked Beans

**Soup:** Steak & Mushroom

**Café Bar:** Closed

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:** Chicken Caesar, Garden Salad, Fresh fruit Salad

## Thursday:

**Chefs Table:** Tex Mex Quinoa Burger, Lemon Basil Chicken Orzo, Garlic Bread,  
Parmesan Green Beans

**Soup:** Italian Wedding, Tomato

**Café Bar:** Chicken Bacon Avocado Wrap

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:**

Cobb salad, Garden Salad, Fresh fruit Salad

## Friday

**Chefs Table:** Rice & Bean Burrito, Pulled Pork Sandwich, Parmesan Potato Wedges,  
Roasted Corn & Red Peppers

**Soup:** Seafood Chowder, Red Beet

**Café Bar:** Closed

**Salads:**

Grilled Chicken, Garden Salad, Fresh fruit Salad

## Saturday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Chefs Choice

**Grab & Go features:**

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

## Sunday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Traditional Salad Bar



*In keeping with New Milford Hospital's Plow to Plate® healthy food initiative, your food is prepared using fresh and seasonal ingredients.*