

# OHSO<sup>®</sup> GOOD BY UNIDINE

Week of October 8th – October 14th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



## Monday

**Chefs Table:** Herb Crusted Salmon, Salsa Mac & Cheese, Lemon Couscous, Sautéed Garlic Kale

**Soup:** Potato Leek, Pasta Fagioli

**Café Bar:** Closed

**Grab & Go features:**

**Salads:**

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

## Tuesday

**Chefs Table:** Veggie Chili in a Bread Bowl, Spinach Stuffed Pork Loin w/ Wine Herb Gravy, Roasted Fingerling Potatoes, Parmesan Broccoli

**Soup:** Hot & Sour, Creamy Garlic Chicken

**Café Bar:** Sausage & Broccoli Pasta

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:**

Greek, Garden Salad, Fresh fruit Salad

## Wednesday

**Chefs Table:** NMH Courtyard BBQ

**Soup:** Cauliflower Chowder

**Café Bar:** Closed

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:** Chicken Caesar, Garden Salad, Fresh fruit Salad



*In keeping with New Milford Hospital's Plow to Plate® healthy food initiative, your food is prepared using fresh and seasonal ingredients.*

## Thursday:

**Chefs Table:** Ginger Soy Haddock, Pepper Steak, Brown Rice Pilaf, Roasted Carrots

**Soup:** Spinach Tortellini, RI Clam Chowder

**Café Bar: Chicken Lo-mien**

**Salad:** Traditional Salad Bar

**Grab & Go features:**

**Salads:**

Cobb salad, Garden Salad, Fresh fruit Salad

## Friday

**Chefs Table:** Wild Mushroom Risotto, Open Faced Chicken Cordon Bleu w/ Honey Dijon Glaze. Mashed Sweet Potatoes, Squash Medley

**Soup:** Roasted Asparagus, Stuffed Pepper

**Café Bar: Potato Bar**

**Salads:**

Grilled Chicken, Garden Salad, Fresh fruit Salad

## Saturday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Chefs Choice

**Grab & Go features:**

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

## Sunday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Traditional Salad Bar



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