



Week of March 16th-March 22

Monday -Friday 6:30a – 6:30p

Sat-Sun/Holidays 7:00a – 1:00p

Monday

Chefs Table: Stuffed Pork Chop, Arugula Pesto Red Fish, Faro, Garlic Parmesan Cauliflower

Soup: Lemon Chicken Orzo, Vegetable barley

Café Bar: White Bean & Broccoli Pasta Bowl

Salads: Baby Spinach with Bacon, Garden Salad, Fresh Fruit Salad

Tuesday

Chefs Table: Corned Beef, walnut Crusted Salmon, potatoes, cabbage & Carrots

Soup: Potato Leek, Red Pepper

Café Bar: Chicken Burrito

Salads Garden Salad, Fresh Fruit

Wednesday

Chefs Table: Vegetable Stuffed Peppers, Beef & Broccoli, Jasmine Rice, Roast Asparagus

Soup: Curry Zucchini, French Onion

Café Bar: Tortellini Bowl

.Salads: Chicken Caesar, Fresh Fruit Salad

Thursday

Chefs Table: Kielbasa Sandwich, Eggplant parmesan Lasagna, roasted Potato, Green Bean Almandine

Soup: Spinach Bacon. Country Vegetable

Café Bar: Chicken Flatbread

Salads: Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Cilantro Lime Shrimp Packs, Chicken Cordon Bleu, Brown Rice Pilaf, Roasted Broccoli

Soup: Beef & Mushroom, Sweet Potato Crab

Café Bar: Sizzling Chicken Cesar Salad

Salads: Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Beef Sliders, Potato Wedges, Peas

Soup: Chefs Choice

Salad: Chefs Choice

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday:

Chefs Table :Chicken Parmesan,pasta, Carrots

Soup: Chefs Choice

Salad: Traditional Salad Bar



In keeping with New Milford Hospital's Plow to Plate® healthy food initiative, your food is prepared using fresh and seasonal ingredients.