

OH SO GOOD[®]

BY UNIDINE

Week of January 8th- January 14th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



Monday

Chefs Table: Lentil Chili in a Bread Bowl, Roasted Turkey, Mashed Sweet Potatoes, Sautéed Spinach

Soup: Italian Wedding, Cream of Cauliflower

Café Bar: Butternut Ravioli w/ Sage Cream Sauce

Grab & Go features:

Sandwich: OH SO GOOD Grilled Chick Wrap. Grilled chicken breast, sun dried tomatoes, onions and provolone on a flour tortilla

Salads:

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

Tuesday

Chefs Table: Pork Schnitzel, Jalapeno Mac & Cheese, Herbed Faro Pilaf, Roasted Asparagus

Soup: Beef Mushroom, OSG Sweet Red Pepper

Café Bar: Lo Mein

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Greek, Garden Salad, Fresh fruit Salad

Wednesday

Chefs Table: Vegetable Fajitas, Brisket Grilled Cheese, Baked Potato Wedges, Mexican Corn

Soup: Tomato Basil, Cabbage Sausage & Potato

Café Bar: Chicken Caesar Panini

Salad: Traditional Salad Bar

Grab & Go features:

Salads: Chicken Caesar, Garden Salad, Fresh fruit Salad

Thursday:

Chefs Table: Teriyaki Salmon, Salisbury Steak w/ Gravy, Buttered Noodles, Brussel Sprouts

Soup: OSG Chicken Barley, Spicy Pumpkin & Coconut

Café Bar: Open Faced Gyro Bar

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Asian BBQ Chicken, Linguini w/ Asparagus & Mushrooms, Jasmine Yellow Rice, Zucchini Home Fries

Soup: Bayou Crab, OSG Navy Bean

Café Bar: Sun Dried Tomato Pesto Chicken Wrap

Salads:

Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar



In keeping with New Milford Hospital's Plow to Plate® healthy food initiative, your food is prepared using fresh and seasonal ingredients.