

OH SO GOOD[®]

BY UNIDINE

Week of December 4th- December 10th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



Monday

Chefs Table: Turkey Sweet Potato Shepard's Pie, Thai Coconut Shrimp, Sesame Noodles, Sautéed Asparagus & Mushrooms

Soup: OSG Country Vegetable, Italian Sausage Potato Chowder

Café Bar: Chicken Swiss Dijon Wrap

Grab & Go features:

Sandwich: OH SO GOOD Grilled Chick Wrap. Grilled chicken breast, sun dried tomatoes, onions and provolone on a flour tortilla

Salads:

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

Tuesday

Chefs Table: OSG Grilled Bruschetta Chicken, Spinach Artichoke Ravioli, Garlic Sticks, Roasted Cauliflower

Soup: Broccoli Cheddar, French Onion

Café Bar: Italian Combo Panini

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Greek, Garden Salad, Fresh fruit Salad

Wednesday

Chefs Table: Balsamic Pot Roast, Eggplant Parmesan, Mashed Potatoes, Herbed Green Beans

Soup: Chicken Fajita, Sweet Potato Lentil

Café Bar: Asian Noodle Bowl

Salad: Traditional Salad Bar

Grab & Go features:

Salads: Chicken Caesar, Garden Salad, Fresh fruit Salad

Thursday:

Chefs Table: Grilled Rosemary Garlic Lamb, Cod Piccata, Israeli Couscous, Dill Carrots

Soup: OSG Carrot Ginger, Beef Noodle

Café Bar: Cuban

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Sweet & Sour Pork, Chicken Pot Pie, Basmati Rice, OSG Zucchini Home Fries

Soup: Hungarian Mushroom, Corn Bacon Chowder

Café Bar: Chicken Fried Rice Bowls

Salads:

Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar



In keeping with New Milford Hospital's Plow to Plate[®] healthy food initiative, your food is prepared using fresh and seasonal ingredients.