



Week of October 9th- October 15th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



Monday

Chefs Table: Beef Shepards Pie, Tortellini Pesto, Garlic Bread, Squash Medley

Soup: Mushroom Artichoke, Corn Chowder w/ Bacon

Café Bar: Chicken Cordon Blue Wrap

Grab & Go features:

Sandwich: OH SO GOOD Grilled Chick Wrap. Grilled chicken breast, sun dried tomatoes, onions and provolone on a flour tortilla

Salads:

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

Tuesday

Chefs Table: Coconut Ginger Chicken, OSG Poached Salmon, Buttered Orzo Almondine, OSG Lemon Garlic Asparagus

Soup: Split Pea & Ham, OSG Sweet Tomato & Onion

Café Bar: Butternut Squash Ravioli w/ Chicken & Walnuts

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Greek, Garden Salad, Fresh fruit Salad

Wednesday

Chefs Table: **NMH Courtyard BBQ**, Hamburgers, Hot Dogs, Lemon Basil Grilled Chicken, Sausage Patty, Peppers, Onions & Provolone on a Kaiser Roll, Baked Beans, Mac Salad.

Soup: White Bean Florentine

Café Bar: Closed

Salad: Traditional Salad Bar

Grab & Go features:

Salads: Chicken Caesar, Garden Salad, Fresh fruit Salad

Thursday:

Chefs Table: Eggplant Parmesan Grinder, Turkey Tetrazzini, Roasted Potato Wedges, Sautéed Spinach

Soup: Beef Noodle, OSG Butternut & Apple

Café Bar: Asian Pulled Pork

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Shrimp Vindaloo, Tomato Basil Mac & Cheese, OSG Cumin Rice, Roasted Cauliflower

Soup: Potato Chowder, Chicken Fajita

Café Bar: Baked Potato Bar

Salads:

Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar



In keeping with New Milford Hospital's Plow to Plate[®] healthy food initiative, your food is prepared using fresh and seasonal ingredients.