

OH SO GOOD[®]

BY UNIDINE

Week of November 13th- November 19th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



Monday

Chefs Table: Crispy Sesame Beef, Garlic Lemon Baked Salmon, Cilantro Jasmine Rice, Sautéed Kale

Soup: OSG Mushroom Barley, OSG Harvest Turkey

Café Bar: Pasta Bar w/ Chicken

Grab & Go features:

Sandwich: OH SO GOOD Grilled Chick Wrap. Grilled chicken breast, sun dried tomatoes, onions and provolone on a flour tortilla

Salads:

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

Tuesday

Chefs Table: Cranberry Glazed Chicken Thighs, Butternut Mac & Cheese, herbed Couscous, Roasted Asparagus

Soup: OSG Minestrone, NE Clam Chowder

Café Bar: Italian Combo

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Greek, Garden Salad, Fresh fruit Salad

Wednesday

Chefs Table: NMH Courtyard BBQ, Hamburgers, Hot Dogs, Chicken, Baked Beans, Mac Salad.

Soup: Beef & Lentil, Roasted Beet

Café Bar: Closed

Salad: Traditional Salad Bar

Grab & Go features:

Salads: Chicken Caesar, Garden Salad, Fresh fruit Salad

Thursday:

Chefs Table: Vegetable Paella, Salisbury Steak w/ Mushroom Gravy, Roasted Fingerling Potatoes, Buttered Peas

Soup: Pumpkin apple, Tomato Tortellini w/ Sausage

Café Bar: Chicken & Waffles

Salad: Traditional Salad Bar

Grab & Go features:

Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

Friday

Chefs Table: Blackened Shrimp, Pasta w/ Broccoli & White Beans, garlic Grits, Mixed Vegetable

Soup: Tuscan Chicken, Cauliflower Cheddar

Café Bar: Smoked Brisket Sandwich

Salads:

Grilled Chicken, Garden Salad, Fresh fruit Salad

Saturday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar

Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

Sunday

Chefs Table: Chefs Choice

Soup: Chefs Choice

Salad: Traditional Salad Bar



In keeping with New Milford Hospital's Plow to Plate[®] healthy food initiative, your food is prepared using fresh and seasonal ingredients.