

# OH SO GOOD<sup>®</sup>

BY UNIDINE

Week of March 12th- March 18th

Hours: Mon-Fri 6:30 – 6:30

We/Holidays 7:00 – 1:00



## Monday

**Chefs Table:** Wheat Rotini w/ White Bean & Broccoli, Coconut Shrimp w/ Marmalade Sauce, Garlic Bread, Zucchini Fries

**Soup:** Dill Pickle w/ Bacon, Lentil Spinach

**Café Bar:** Sundried Tomato Basil Meatballs

### **Grab & Go features:**

**Sandwich:** OH SO GOOD Grilled Chick Wrap. Grilled chicken breast, sun dried tomatoes, onions and provolone on a flour tortilla

### **Salads:**

Baby Spinach with Bacon, Garden Salad, Fresh fruit Salad

## Tuesday

**Chefs Table:** Marinated Flank Steak , Baked Potato Bar, Buttered Noodles, Roasted Cauliflower

**Soup:** Sweet Potato Apple, Chicken Barley

**Café Bar:** OSG Lentil Sloppy Joe

**Salad:** Traditional Salad Bar

### **Grab & Go features:**

### **Salads:**

Greek, Garden Salad, Fresh fruit Salad

## Wednesday

**Chefs Table:** Black Bean, Corn & Squash Taco, Honey BBQ Turkey Meatloaf, Mashed Potatoes, Roasted Carrots

**Soup:** Cream of Celery, Beef Noodle

**Café Bar:** Chicken Caesar Wrap

**Salad:** Traditional Salad Bar

## Grab & Go features:

**Salads:** Chicken Caesar, Garden Salad, Fresh fruit Salad

## Thursday:

**Chefs Table:** Wild Mushroom Ragout w/ Polenta, Spanish Spiced Pork Bites, Polenta, Green Beans w/ Fried Onions

**Soup:** French Onion, Broccoli Cheese

**Café Bar:** Chef Salad

**Salad:** Traditional Salad Bar

### Grab & Go features:

#### Salads:

Cobb salad, Garden Salad, Fresh fruit Salad

## Friday

**Chefs Table:** Teriyaki Cod, Irish Beef Stew w/ Soda Bread, Coconut Rice, Snap Peas

**Soup:** RI Clam, Potato Leek

**Café Bar:** Cajun Chicken Nachos

#### Salads:

Grilled Chicken, Garden Salad, Fresh fruit Salad

## Saturday

### St. Patrick's Day Menu

**Chefs Table:** Corned Beef w/ Cabbage, Boiled Potatoes, Carrots, Irish Soda Bread

**Soup:** Irish Cauliflower

**Salad:** Traditional Salad Bar

### Grab & Go features:

Sandwich: Curried Chicken Salad. Turkey, Ham, or Roast Beef Sandwich

## Sunday

**Chefs Table:** Chefs Choice

**Soup:** Chefs Choice

**Salad:** Traditional Salad Bar



*In keeping with New Milford Hospital's Plow to Plate® healthy food initiative, your food is prepared using fresh and seasonal ingredients.*